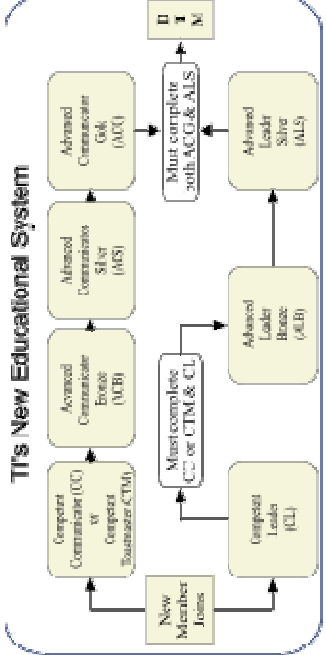


Toastmasters International

Toastmasters International



A POCKET GUIDE to Competent Communicator (CC)

Earning your CC is just the first step in building communication and leadership skills. Skills that will serve you throughout your lifetime.

The key to getting the most out of Toastmasters' Communication and Leadership Program is active **participation**.

World Headquarters
<http://www.toastmasters.org/Members.aspx>
 Visit the District 58 Website
www.toastmasters-d58.org
 and download your own copy of this Pocket Guide.

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Requirements for Competent Communicator (CC)

.....
 ✓ each item as you complete it.

To qualify for **Competent Communicator (CC)** recognition, a Toastmaster must complete the following TEN speeches:

- | Project/Title | Date | Date Completed |
|---|-------|----------------|
| <input type="checkbox"/> The Ice Breaker | _____ | _____ |
| <input type="checkbox"/> Organize Your Speech | _____ | _____ |
| <input type="checkbox"/> Get to the Point | _____ | _____ |
| <input type="checkbox"/> How to Say It | _____ | _____ |
| <input type="checkbox"/> Your Body Speaks | _____ | _____ |
| <input type="checkbox"/> Vocal Variety | _____ | _____ |
| <input type="checkbox"/> Research Your Topic | _____ | _____ |
| <input type="checkbox"/> Get Comfortable with Visual Aids | _____ | _____ |
| <input type="checkbox"/> Persuade With Power | _____ | _____ |
| <input type="checkbox"/> Inspire Your Audience | _____ | _____ |